

Post-Anesthesia Discharge Instructions

Patient: _____ **Procedure:** _____

Doctor: _____ **Date:** _____

Food & Water: Anesthesia can cause nausea. Normal amounts of food and water may cause vomiting. Please wait a few hours then offer a small amount of water. If they drink without vomiting, offer more. If your pet is hungry, feed ¼ - ½ of what you normally feed.

Exercise: After surgery your pet's activity level may need to be limited to avoid injury to the surgery site and allow healing. He/she may be groggy for up to 12 hours.

- Strict exercise restriction – confined rests, short leash walks or carry outside for elimination for _____ days.
- Moderate exercise restrictions – keep indoors, leash walks, no running or jumping for _____ days.
- Allow normal activity

Surgical Incisions: Examine surgical incisions daily for signs of bleeding, swelling, redness, or drainage.

- Apply warm compress to incision/wound 2-4 times @ 5 mins each, for ___ days.
- Keep area clean (baby wipes or chlorhexidine wipe).

An Elizabethan collar may be sent home to prevent your pet from licking or chewing sutures. E-collar to be worn:

- At all times until sutures are removed
- When unsupervised

Bandage: Remove light bandage (where IV catheter was placed) about one hour after discharge.

Medication: Give as directed on label: Medication/Purpose

- Begin this evening (1)_____ ; (2)_____ ; (3)_____
- Purpose or Type: (1)_____ ; (2)_____ ; (3)_____
- Begin tomorrow am (1)_____ ; (2)_____ ; (3)_____
- Purpose or Type: (1)_____ ; (2)_____ ; (3)_____

Follow-Up Care: These appointments are typically no-charge appointments unless anesthesia is required.

- Sutures are internal and will dissolve, suture removal not needed
- Drain removal in 3 – 4 days
- Bandage change/check in _____ days
- Recheck in _____ days
- Suture removal in 14 days or 21 days

Special Instructions:
